

PPE TYPE	IMAGE	USE	WHERE / WHEN	DISPOSAL	NOTES
DISPOSABLE SURGICAL MASKS EN 14683 Type IIr		Single use, dispose of every 3 hours	Face to face contact, reception area, test room, domiciliary setting (if allowed).	Use clinical waste bag / bin. Ensure you have a collection service in place.	These provide one way protection, for the patient only.
DISPOSABLE GLOVES EU 2016:425		Single use, dispose of after every interaction.	All circumstances except for communal working areas - maintain social distancing.	Use clinical waste bag / bin. Ensure you have a collection service in place.	Nitrile gloves are best (latex free). You can use Latex (or vinyl), but they must be labelled as containing Latex. Powder free is also preferable.
DISPOSABLE APRON EN 13795:2019		Single use, dispose of after every interaction.	All circumstances except for communal working areas - maintain social distancing.	Use clinical waste bag / bin. Ensure you have a collection service in place.	Latex free is again the preference, tie behind back with loop over head as opposed to full gowns.
EYE / FACE PROTECTION Goggles or Face Shields EN166:2001 and EU Directive 2016:425		Single or Sessional Use (Goggles can be sessional - i.e. used for one full clinic. Face shields are supposed to be single use after every interaction).	All circumstances except for communal working areas - maintain social distancing.	Use clinical waste bag / bin. Ensure you have a collection service in place.	Either must be anti fog. There is confusing guidance from the College of Optometrists and other sources. Goggles can be sterilised with Dettol / Milton with water.
ALCOHOL HAND SANITISER		Before clinical examination, after every patient interaction and after removing PPE or touching surfaces without gloves.	All occasions.	Use clinical waste bag / bin when empty. Ensure you have a collection service in place.	Non alcohol with Benzalkonium chloride (for example) are available, but slightly less effective.
ALCOHOL SURFACE WIPES & SPRAYS		Before and after using Pre test and test room equipment, including the site test chair arms, seat and back. Wipe down surfaces like handles, desks, frame displays, frames, etc.	All occasions.	Use clinical waste bag / bin when empty. Ensure you have a collection service in place.	Non alcohol with Benzalkonium chloride (for example) are available, but slightly less effective.

OTHER INFECTION CONTROL MEASURES

SLIT LAMP BREATH SHIELDS		Continuous.	All patient interactions on the slit lamp.	Wipe down before and after each patient with alcohol surface wipes / sprays (min 70% alcohol)	Larger shield is better to avoid droplet transmission either way. PPE should still be worn as well.
RESPIRATOR MASKS FOR GREATER PROTECTION FFP-2 EN 149		Sessional use - dispose of after the clinic or use from leaving the house to getting home.	All occasions.	Use clinical waste bag / bin. Ensure you have a collection service in place.	If you are worried about protecting you and your staff against droplets and aerosol risk, FFP-2 (N95/KN95) will provide two way protection for wearers and those around them.
CLINICAL WASTE BAGS / BINS		Permanently available in multiple locations.	All occasions.	Have an assured and licenced disposal service in place for regular and safe collection and disposal. Sharps bins also.	These are likely to become more common place even in optometry. They may need to be part of a revised infection control policy.

PRACTICE POSTERS: These can assist with ensuring staff and patients adhere to your infection control policies. You may need to revisit your infection control policies under clinical governance methods, both for now and also the future post Covid-19. These posters can be placed around the practice, at the window and even digital versions online.

CATCH IT.

BIN IT.

KILL IT.

CORONAVIRUS: COVID-19
This optical practice is open for essential and urgent eye care only

We are asking if you or someone in your home has a

Persistent cough

High temperature

Please DO NOT enter this practice.
Do not go to a GP, pharmacy or hospital. You should return home and stay there for 14 days.

Please visit NHS 111 online for more information www.111.nhs.uk

COVID-19 (coronavirus)
Everyone in Northern Ireland should now be using social distancing

Stay at least 2 metres (6 feet) away from other people

The latest information and advice on coronavirus is available at www.pha.site/coronavirus

WE ALL MUST GET THROUGH IT!

Public Health Agency, 16,211 Colson Road, Belfast BT1 6BS. www.publichealth.gov.uk

Coronavirus
Wash your hands with soap and water more often for 20 seconds

- 1 Palm to palm
- 2 The backs of hands
- 3 In between the fingers
- 4 The back of the fingers
- 5 The thumbs
- 6 The tips of the fingers

Use a tissue to turn off the tap. Dry hands thoroughly.

PROTECT YOURSELF & OTHERS